



CUTASA S.L.



MAYO MENU SIN PESCADO MAY MENU WITHOUT FISH

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
1	2	3	4	5
		Caracolas con tomate gratinadas / Gratinés pasta shells in tomato sauce Lomo plancha con ensalada / Baked loin with salad Yogurt de fruta / Fruit yoghurt	Brocoli salteados / Sauted broccoli with Escalope de pollo plancha con cous cous / Breaded chicken with cous cous Fruta, leche, pan / fruit, milk, bread	Sopa de Cocido / Stew Soup Cocido Completo / Chickpeas, Meat and Cabbage Stew Fruta, leche, pan / fruit, milk, bread
8	9	10	11	12
Fideua de pollo / Chicken fideua Tortilla patata con lechuga, tomate y remolacha/ Potato omelette with salad Yogurt de fruta / Fruit yoghurt	Judías verdes ecologicas con tomate / Bio Green beans in tomato sauce Lomo al horno con arroz salteado / Baked pork loin with sauted rice Fruta, leche, pan / fruit, milk, bread	Tallarines integrales con pavo / spaghetti in tomato suce with turkey Filete pollo con ensalada / grilled chicken with salad Fruta, leche, pan / fruit, milk, bread	Crema de calabacin / courgette cream Hamburguesa ternera planca con cous cous/ Grilled burger with cous cous Fruta, leche, pan / fruit, milk, bread	Alubias blancas estofadas / Beans stew with vegetables Lacon con pisto/ baked ham with pisto Fruta, leche, pan / fruit, milk, bread
15	16	17	18	19
	Lentejas puerro, patata y zanahoria / Stewed Lentils with vegetables Salchichas de Pavo al horno con tomate frito / Baked turkey sausajes with tomato Yogurt de fruta / Fruit yoghurt	Coliflor salteado con jamon / Sauted cauliflower with ham Tortilla de patata y pavo con tomate natural / Turkey omelette with tomato Fruta, leche, pan / fruit, milk, bread	Arroz con verduras / Rice with vegetables Jamoncitos de pollo asados con patatas panadera / roasted chicken thighs with potatoes Fruta, leche, pan / fruit, milk, bread	pure de verduras / Vegetables cream pollo con menestra de verdura / Battered chicken with vegetables Fruta, leche, pan / fruit, milk, bread
22	23	24	25	26
Macarrones con pavo / Macaroni in tomato sauce with turkey Lacon con zanahoria baby / Baked ham with carrot Yogurt de fruta / Fruit yoghurt	Judias verdes salteadas pimenton / Sauted Green beans Pavo estofado con cous cous / Turkey stew with cous cous Fruta, leche, pan / fruit, milk, bread	Lentejas estofadas / Lentils stew Salchichas horno con ensalada de lechuga y remolacha / Baked sausajes with salad Fruta, leche, pan / fruit, milk, bread	Arroz caldoso con pollo / Stewed rice with chicken Lomo al horno con ensalada / Baked pork loin with salad Fruta, leche, pan / fruit, milk, bread	Jollof nigeriano / Nigerian Jollof Pure de bonitato / Sweet potato puree Fruta, leche, pan / fruit, milk, bread
29	30	31		
Ensalada campera / Potato salad Albondigas con arroz / Meatballs with rice Yogurt de fruta / Fruit yoghurt	Arroz con tomate / Rice in tomato sauce filete pollo con pisto / Baked chicken with pisto Fruta, leche, pan / fruit, milk, bread	Lentejas estofadas con verdura / Lentils stew Huevos cocidos y ensalada con tomate /Bollied eggs and salad with tomato Fruta, leche, pan / fruit, milk, bread		



CUTASA S.L.



MAYO MENU SIN LECHE MAY MENU WITHOUT MILK

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
1	2	3	4	5
		Caracolas con tomate gratinadas / Gratinés pasta shells in tomato sauce Pescadilla rebozada con lechuga y remolacha/ Battered hake with salad Postre apto / suitable dessert	Brocoli salteados / Sauted broccoli with Escalope de pollo plancha con cous cous / Breaded chicken with cous cous Fruta, pan / fruit,bread	Sopa de Cocido / Stew Soup Cocido Completo / Chickpeas, Meat and Cabbage Stew Fruta, pan / fruit,bread
8	9	10	11	12
Fideua de pollo / Chicken fideua Tortilla patata con lechuga, tomate y remolacha/ Potato omelette with salad Postre apto / suitable dessert	Judías verdes ecologicas con tomate / Bio Green beans in tomato sauce Lomo al horno con arroz salteado / Baked pork loin with sauted rice Fruta, pan / fruit,bread	Tallarines integrales con pavo / spaghetti in tomato suce with turkey Ventresca de merluza al horno y ensalada / Baked hake belly with salad Fruta, pan / fruit,bread	Crema de calabacin / courgette cream Hamburguesa ternera planca con cous cous/ Grilled burger with cous cous Fruta, pan / fruit,bread	Alubias blancas estofadas / Beans stew with vegetables Salmón al horno con salsa de naranja / Baked salmon with orange sauce Fruta, pan / fruit,bread
15	16	17	18	19
	Lentejas puerro, patata y zanahoria / Stewed Lentils with vegetables Salchichas de Pavo al horno con tomate frito / Baked turkey sausajes with tomato Postre apto / suitable dessert	Coliflor salteado con jamon / Sauted cauliflower with ham Tortilla de patata y pavo con tomate natural / Turkey omelette with tomato Fruta, pan / fruit,bread	Arroz con verduras / Rice with vegetables Jamoncitos de pollo asados con patatas panadera / roasted chicken thighs with potatoes Fruta, pan / fruit,bread	pure de verduras / Vegetables cream Fte. De pescadilla romana con menestra de verdura / Battered hake with vegetables Fruta, pan / fruit,bread
22	23	24	25	26
Macarrones con pavo / Macaroni in tomato sauce with turkey Merluza horno con zanahoria baby / Baked hake with carrot Postre apto / suitable dessert	Judias verdes salteadas pimenton / Sauted Green beans Pavo estofado con cous cous / Turkey stew with cous cous Fruta, pan / fruit,bread	Lentejas estofadas / Lentils stew Limanda horno con ensalada de lechuga y remolacha / Baked limanda with salad Fruta, pan / fruit,bread	Arroz caldoso con pollo y gambas / Stewed rice with chicken Lomo al horno con ensalada / Baked pork loin with salad Fruta, pan / fruit,bread	Jollof nigeriano / Nigerian Jollof Pure de bonitato / Sweet potato puree Fruta, pan / fruit,bread
29	30	31		
Ensalada campera / Potato salad Albondigas con arroz / Meatballs with rice Postre apto / suitable dessert	Arroz con tomate / Rice in tomato sauce Bacalao al horno con ensalada / Baked cod with salad Fruta, pan / fruit,bread	Lentejas estofadas con verdura / Lentils stew Huevos cocidos y ensalada con tomate /Boiled eggs and salad with tomato Fruta, pan / fruit,bread		



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MAYO MENU SIN HUEVO MAY MENU WITHOUT EGG

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
1	2	3	4	5
		Pasta sin huevo con tomate gratinadas / Gratines pasta shells in tomato sauce Pescadilla plancha con lechuga y remolacha/ Bettered hake with salad Yogurt de fruta / Fruit yoghurt	Brocoli salteados / Sauted broccoli with Escalope de pollo plancha con cous cous / Breaded chicken with cous cous Fruta, leche, pan / fruit, milk, bread	Sopa de Cocido sin huevo / Stew Soup Cocido Completo / Chickpeas, Meat and Cabbage Stew Fruta, leche, pan / fruit, milk, bread
8	9	10	11	12
Arroz de pollo / Chicken rice Rosti patata con lechuga, tomate y remolacha/ Potato rosti with salad Yogurt de fruta / Fruit yoghurt	Judías verdes ecologicas con tomate / Bio Green beans in tomato sauce Lomo al horno con arroz salteado / Baked pork loin with sauted rice Fruta, leche, pan / fruit, milk, bread	Pasta sin huevo con pavo / spagetti in tomato suce with turkey Ventresca de merluza al horno y ensalada / Baked hake belly with salad Fruta, leche, pan / fruit, milk, bread	Crema de calabacin / courgette cream Hamburguesa ternera planca con cous cous/ Grilled burger with cous cous Fruta, leche, pan / fruit, milk, bread	Alubias blancas estofadas / Beans stew with vegetables Salmón al horno con salsa de naranja / Baked salmon with orange sauce Fruta, leche, pan / fruit, milk, bread
15	16	17	18	19
	Lentejas puerro, patata y zanahoria / Stewed Lentils with vegetables Salchichas de Pavo al horno con tomate frito / Baked turkey sausajes with tomato Yogurt de fruta / Fruit yoghurt	Coliflor salteado con jamon / Sauted cauliflower with ham rosti de pavo con zanahoria rallada / Turkey rosti with carrot Fruta, leche, pan / fruit, milk, bread	Arroz con verduras / Rice with vegetables Jamoncitos de pollo asados con patatas panadera / roasted chicken thighs with potatoes Fruta, leche, pan / fruit, milk, bread	pure de verduras / Vegetables cream Fte. De pescadilla con menestra de verdura / Battered hake with vegetables Fruta, leche, pan / fruit, milk, bread
22	23	24	25	26
Macarrones sin huevo con pavo / Macaroni in tomato sauce with turkey Merluza horno con zanahoria baby / Baked hake with carrot Yogurt de fruta / Fruit yoghurt	Judias verdes salteadas pimenton / Sauted Green beans Pavo estofado con cous cous / Turkey stew with cous cous Fruta, leche, pan / fruit, milk, bread	Lentejas estofadas / Lentils stew Limanda horno con ensalada de lechuga y remolacha / Baked limanda with salad Fruta, leche, pan / fruit, milk, bread	Arroz caldoso con pollo y gambas / Stewed rice with chicken Lomo al horno con ensalada / Baked pork loin with salad Fruta, leche, pan / fruit, milk, bread	Jollof nigeriano / Nigerian Jollof Pure de bonitato / Sweet potato puree Fruta, leche, pan / fruit, milk, bread
29	30	31		
Ensalada campera / Potato salad Albondigas con arroz / Meatballs with rice Yogurt de fruta / Fruit yoghurt	Arroz con tomate / Rice in tomato sauce Bacalao al horno con ensalada / Baked cod with salad Fruta, leche, pan / fruit, milk, bread	Lentejas estofadas con verdura / Lentils stew Rosti de calabacín y cebolla con rodaja de tomate / Cougette rosti with salad Fruta, leche, pan / fruit, milk, bread		



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MAYO MENU SIN LEGUMBRE MAY MENU WITHOUT LEGUME

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
1	2	3	4	5
		Caracolas con tomate gratinadas / Gratinés pasta shells in tomato sauce Pescadilla rebozada con lechuga y remolacha/ Battered hake with salad Yogurt de fruta / Fruit yoghurt	Brocoli salteados / Sauted broccoli with Escalope de pollo plancha con cous cous / Breaded chicken with cous cous Fruta, leche, pan / fruit, milk, bread	Sopa de Cocido / Stew Soup Cocido Completo sin garbanzo / Meat and Cabbage Stew Fruta, leche, pan / fruit, milk, bread
8	9	10	11	12
Fideua de pollo / Chicken fideua Tortilla patata con lechuga, tomate y remolacha/ Potato omelette with salad Yogurt de fruta / Fruit yoghurt	arroz con tomate / Rice in tomato sauce Lomo al horno con arroz salteado / Baked pork loin with sauted rice Fruta, leche, pan / fruit, milk, bread	Tallarines integrales con pavo / spaghetti in tomato suce with turkey Ventresca de merluza al horno y ensalada / Baked hake belly with salad Fruta, leche, pan / fruit, milk, bread	Crema de calabacin / courgette cream Hamburguesa ternera planca con cous cous/ Grilled burger with cous cous Fruta, leche, pan / fruit, milk, bread	Verduras salteadas / Sauted vegetables Salmón al horno con salsa de naranja / Baked salmon with orange sauce Fruta, leche, pan / fruit, milk, bread
15	16	17	18	19
	Arroz Salteado / Sauted rice Salchichas de Pavo al horno con tomate frito / Baked turkey sausajes with tomato Yogurt de fruta / Fruit yoghurt	Coliflor salteado con jamon / Sauted cauliflower with ham Tortilla de patata y pavo con tomate natural / Turkey omelette with tomato Fruta, leche, pan / fruit, milk, bread	Arroz con verduras / Rice with vegetables Jamoncitos de pollo asados con patatas panadera / roasted chicken thighs with potatoes Fruta, leche, pan / fruit, milk, bread	pure de verduras / Vegetables cream Fte. De pescadilla romana con menestra de verdura / Battered hake with vegetables Fruta, leche, pan / fruit, milk, bread
22	23	24	25	26
Macarrones con pavo / Macaroni in tomato sauce with turkey Lomo al ajillo horno con ensalada mixta / Baked pork loin with salad Yogurt de fruta / Fruit yoghurt	Brocoli salteado/ sauted brocoly Pavo estofado con cous cous / Turkey stew with cous cous Fruta, leche, pan / fruit, milk, bread	Patatas guisados / Potato stew Limanda horno con ensalada de lechuga y remolacha / Baked limanda with salad Fruta, leche, pan / fruit, milk, bread	Arroz caldoso con pollo y gambas / Stewed rice with chicken Lomo al horno con ensalada / Baked pork loin with salad Fruta, leche, pan / fruit, milk, bread	Jollof nigeriano / Nigerian Jollof Pure de bonitato / Sweet potato puree Fruta, leche, pan / fruit, milk, bread
29	30	31		
Ensalada campera / Potato salad Albondigas con arroz / Meatballs with rice Yogurt de fruta / Fruit yoghurt	Arroz con tomate / Rice in tomato sauce Bacalao al horno con ensalada / Baked cod with salad Fruta, leche, pan / fruit, milk, bread	Verduras estofadas / Vegetables stew Huevos Villaroy y ensalada con tomate /Villaroy eggs and salad with tomato Fruta, leche, pan / fruit, milk, bread		



CUTASA S.L.



MAYO MENU SIN GLUTEN MAY MENU WITHOUT GLUTEN

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
1	2	3	4	5
		Pasta sin gluten con tomate gratinadas / Gratines pasta shells in tomato sauce Pescadilla rebozada con lechuga y remolacha/ Battered hake with salad Yogurt de fruta / Fruit yoghurt	Brocoli salteados / Sauted broccoli with Escalope de pollo plancha con cous cous / Breaded chicken with cous cous Fruta, leche, pan sin gluten / fruit, milk, bread	Sopa de Cocido sin gluten / Stew Soup Cocido Completo / Chickpeas, Meat and Cabbage Stew Fruta, leche, pan sin gluten / fruit, milk, bread
8	9	10	11	12
Arroz de pollo / Chicken rice Tortilla patata con lechuga, tomate y remolacha/ Potato omelette with salad Yogurt de fruta / Fruit yoghurt	Judías verdes ecologicas con tomate / Bio Green beans in tomato sauce Lomo al horno con arroz salteado / Baked pork loin with sauted rice Fruta, leche, pan sin gluten / fruit, milk, bread	Pasta sin gluten con pavo / spaghetti in tomato suce with turkey Ventresca de merluza al horno y ensalada / Baked hake belly with salad Fruta, leche, pan sin gluten / fruit, milk, bread	Crema de calabacin / courgette cream Hamburguesa ternera planca con arroz/ Grilled burger with rice Fruta, leche, pan sin gluten / fruit, milk, bread	Alubias blancas estofadas / Beans stew with vegetables Salmón al horno con salsa de naranja / Baked salmon with orange sauce Fruta, leche, pan sin gluten / fruit, milk, bread
15	16	17	18	19
	Lentejas puerro, patata y zanahoria / Stewed Lentils with vegetables Salchichas de Pavo al horno con tomate frito / Baked turkey sausages with tomato Yogurt de fruta / Fruit yoghurt	Coliflor salteado con jamon / Sauted cauliflower with ham Tortilla de patata y pavo con tomate natural / Turkey omelette with tomato Fruta, leche, pan sin gluten / fruit, milk, bread	Arroz con verduras / Rice with vegetables Jamoncitos de pollo asados con patatas panadera / roasted chicken thighs with potatoes Fruta, leche, pan sin gluten / fruit, milk, bread	pure de verduras / Vegetables cream Fte. De pescadilla romana con menestra de verdura / Battered hake with vegetables Fruta, leche, pan sin gluten / fruit, milk, bread
22	23	24	25	26
Macarrones sin gluten con pavo / Macaroni in tomato sauce with turkey Merluza horno con zanahoria baby / Baked hake with carrot Yogurt de fruta / Fruit yoghurt	Judias verdes salteadas pimenton / Sauted Green beans Pavo estofado con arroz / Turkey stew with rice Fruta, leche, pan sin gluten / fruit, milk, bread	Lentejas estofadas / Lentils stew Limanda horno con ensalada de lechuga y remolacha / Baked limanda with salad Fruta, leche, pan sin gluten / fruit, milk, bread	Arroz caldoso con pollo y gambas / Stewed rice with chicken Lomo al horno con ensalada / Baked pork loin with salad Fruta, leche, pan sin gluten / fruit, milk, bread	Jollof nigeriano / Nigerian Jollof Pure de bonitato / Sweet potato puree Fruta, leche, pan sin gluten / fruit, milk, bread
29	30	31		
Ensalada campera / Potato salad Albondigas con arroz / Meatballs with rice Yogurt de fruta / Fruit yoghurt	Arroz con tomate / Rice in tomato sauce Bacalao al horno con ensalada / Baked cod with salad Fruta, leche, pan sin gluten / fruit, milk, bread	Lentejas estofadas con verdura / Lentils stew Huevos cocidos y ensalada con tomate /Boiled eggs and salad with tomato Fruta, leche, pan sin gluten / fruit, milk, bread		



CUTASA S.L.



MAYO MENU SIN FRUTO SECO MAY MENU WITHOUT NUTS

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
1	2	3	4	5
		Caracolas con tomate gratinadas / Gratinés pasta shells in tomato sauce Pescadilla rebozada con lechuga y remolacha/ Battered hake with salad Yogurt de fruta / Fruit yoghurt	Brocoli salteados / Sauted broccoli with Escalope de pollo plancha con cous cous / Breaded chicken with cous cous Fruta, leche, pan / fruit, milk, bread	Sopa de Cocido / Stew Soup Cocido Completo / Chickpeas, Meat and Cabbage Stew Fruta, leche, pan / fruit, milk, bread
8	9	10	11	12
Fideua de pollo / Chicken fideua Tortilla patata con lechuga, tomate y remolacha/ Potato omelette with salad Yogurt de fruta / Fruit yoghurt	Judías verdes ecologicas con tomate / Bio Green beans in tomato sauce Lomo al horno con arroz salteado / Baked pork loin with sauted rice Fruta, leche, pan / fruit, milk, bread	Tallarines integrales con pavo / spaghetti in tomato suce with turkey Ventresca de merluza al horno y ensalada / Baked hake belly with salad Fruta, leche, pan / fruit, milk, bread	Crema de calabacin / courgette cream Hamburguesa ternera planca con cous cous/ Grilled burger with cous cous Fruta, leche, pan / fruit, milk, bread	Alubias blancas estofadas / Beans stew with vegetables Salmón al horno con salsa de naranja / Baked salmon with orange sauce Fruta, leche, pan / fruit, milk, bread
15	16	17	18	19
	Lentejas puerro, patata y zanahoria / Stewed Lentils with vegetables Salchichas de Pavo al horno con tomate frito / Baked turkey sausages with tomato Yogurt de fruta / Fruit yoghurt	Coliflor salteado con jamon / Sauted cauliflower with ham Tortilla de patata y pavo con tomate natural / Turkey omelette with tomato Fruta, leche, pan / fruit, milk, bread	Arroz con verduras / Rice with vegetables Jamoncitos de pollo asados con patatas panadera / roasted chicken thighs with potatoes Fruta, leche, pan / fruit, milk, bread	pure de verduras / Vegetables cream Fte. De pescadilla romana con menestra de verdura / Battered hake with vegetables Fruta, leche, pan / fruit, milk, bread
22	23	24	25	26
Macarrones con pavo / Macaroni in tomato sauce with turkey Merluza horno con zanahoria baby / Baked hake with carrot Yogurt de fruta / Fruit yoghurt	Judias verdes salteadas pimenton / Sauted Green beans Pavo estofado con cous cous / Turkey stew with cous cous Fruta, leche, pan / fruit, milk, bread	Lentejas estofadas / Lentils stew Limanda horno con ensalada de lechuga y remolacha / Baked limanda with salad Fruta, leche, pan / fruit, milk, bread	Arroz caldoso con pollo y gambas / Stewed rice with chicken Lomo al horno con ensalada / Baked pork loin with salad Fruta, leche, pan / fruit, milk, bread	Jollof nigeriano / Nigerian Jollof Pure de bonitato / Sweet potato puree Fruta, leche, pan / fruit, milk, bread
29	30	31		
Ensalada campera / Potato salad Albondigas con arroz / Meatballs with rice Yogurt de fruta / Fruit yoghurt	Arroz con tomate / Rice in tomato sauce Bacalao al horno con ensalada / Baked cod with salad Fruta, leche, pan / fruit, milk, bread	Lentejas estofadas con verdura / Lentils stew Huevos Villaroy y ensalada con tomate /Villaroy eggs and salad with tomato Fruta, leche, pan / fruit, milk, bread		



CUTASA S.L.



MAYO MENU SIN CARNE DE CERDO MAY MENU WITHOUT PIG MEAT

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
1	2	3	4	5
		Caracolas con tomate gratinadas / Gratinés pasta shells in tomato sauce Pescadilla rebozada con lechuga y remolacha/ Battered hake with salad Yogurt de fruta / Fruit yoghurt	Brocoli salteados / Sauted broccoli with Escalope de pollo plancha con cous cous / Breaded chicken with cous cous Fruta, leche, pan / fruit, milk, bread	Sopa de Cocido / Stew Soup Cocido Con Garbanzos, Ternera, pollo / meat, chickpeas and vegetables stew Fruta, leche, pan / fruit, milk, bread
8	9	10	11	12
Fideua de pollo / Chicken fideua Tortilla patata con lechuga, tomate y remolacha/ Potato omelette with salad Yogurt de fruta / Fruit yoghurt	Judías verdes ecologicas con tomate / Bio Green beans in tomato sauce Pavo al horno con arroz salteado / Baked turkey with sauted rice Fruta, leche, pan / fruit, milk, bread	Tallarines integrales con pavo / spaghetti in tomato suce with turkey Ventresca de merluza al horno y ensalada / Baked hake belly with salad Fruta, leche, pan / fruit, milk, bread	Crema de calabacin / courgette cream Hamburguesa ternera planca con cous cous/ Grilled burger with cous cous Fruta, leche, pan / fruit, milk, bread	Alubias blancas estofadas / Beans stew with vegetables Salmón al horno con salsa de naranja / Baked salmon with orange sauce Fruta, leche, pan / fruit, milk, bread
15	16	17	18	19
	Lentejas puerro, patata y zanahoria / Stewed Lentils with vegetables Salchichas de Pavo al horno con tomate frito / Baked turkey sausages with tomato Yogurt de fruta / Fruit yoghurt	Brocoli salteado con jamon / Sauted broccoli with ham Tortilla de patata y pavo con tomate natural / Turkey omelette with tomato Fruta, leche, pan / fruit, milk, bread	Arroz con verduras / Rice with vegetables Jamoncitos de pollo asados con patatas panadera / roasted chicken thighs with potatoes Fruta, leche, pan / fruit, milk, bread	pure de verduras / Vegetables cream Fte. De pescadilla romana con menestra de verdura / Battered hake with vegetables Fruta, leche, pan / fruit, milk, bread
22	23	24	25	26
Macarrones con pavo / Macaroni in tomato sauce with turkey Merluza horno con zanahoria baby / Baked hake with carrot Yogurt de fruta / Fruit yoghurt	Judias verdes salteadas pimenton / Sauted Green beans Pavo estofado con cous cous / Turkey stew with cous cous Fruta, leche, pan / fruit, milk, bread	Lentejas estofadas / Lentils stew Limanda horno con ensalada de lechuga y remolacha / Baked limanda with salad Fruta, leche, pan / fruit, milk, bread	Arroz caldoso con pollo y gambas / Stewed rice with chicken Pavo al horno con ensalada / Baked turkey with salad Fruta, leche, pan / fruit, milk, bread	Jollof nigeriano / Nigerian Jollof Pure de bonitato / Sweet potato puree Fruta, leche, pan / fruit, milk, bread
29	30	31		
Ensalada campera / Potato salad Albondigas con arroz / Meatballs with rice Yogurt de fruta / Fruit yoghurt	Arroz con tomate / Rice in tomato sauce Bacalao al horno con ensalada / Baked cod with salad Fruta, leche, pan / fruit, milk, bread	Lentejas estofadas con verdura / Lentils stew Huevos Villaroy y ensalada con tomate /Villaroy eggs and salad with tomato Fruta, leche, pan / fruit, milk, bread		