



Ysern's Parrot

June 2021

Friday Night Funkin': The Rhythm Game we all Wanted

Imagine you are a boy that wants to hang out with your girlfriend, but her ex-Rockstar father won't let you do that because he thinks that you are not good enough for her.



In this game you have to challenge some people like, your gf's dad or her mom, as well as Pico, a cameo character from another game, or Skid n' Pump, which are characters owned by Sr. Pelo, a famous youtuber known for characters like Mokey the MOUSE.

Every Friday the game gets a new update, where the developers can fix errors, or they can add a brand-new week. It's a completely free game where you can download mods like FNF B-sides. The creator (NinjaMuffin99) has got a [twitch channel](#), where he plays videogames and sometimes shows [sneak peeks](#) of his game.



Actually, this is my favourite game because of its characters and its songs. I think it is a bit hard to play when you have no experience in rhythm games, but you get how it works quickly. I highly recommend it.

-Made by DGV (Diego de Grado) 1ºP

PATIOS CORDOBESES

It is known by everyone that Andalucía is a gorgeous place where you can enjoy their typical regional food (like gazpacho or salmorejo, tortilla de patata, flamenquines, gambas...) and their lovely places characterized by Arabic and Jewish roots and Spanish tradition. This cultural diversity is what gives Andalucía its special and recognized charisma. Besides, there is a special hideout in Córdoba: the famous patios. El patio cordobés comes from ancient Roman civilization, who established houses around a central courtyard. Even in the Medieval Age, these continued to be a fundamental part of the construction.

Nowadays, it is located between other houses; neighbors help each other in its maintenance. Walls are full of flowerpots with geraniums, jasmine, roses and carnations,

which give it a unique color and aroma. They are also decorated with artworks and random historical objects. Also wells are common, as lemon and orange trees.

The best part: most of them are free. The owners show you the whole place and explain very interesting details about it. In return, you can give them some tips as a token of appreciation, which are meant to be used in the patios' maintenance.

Honestly, visiting popular patios cordobeses is a need. When I saw all the flowers, the trees, the aroma, its brightness... It all amazed me. I will never forget that pleasing experience. Here are some photos taken by me:



Eva Martínez Casado 2ºD

A blind and albino Mexican fish, key to cardiovascular disease research

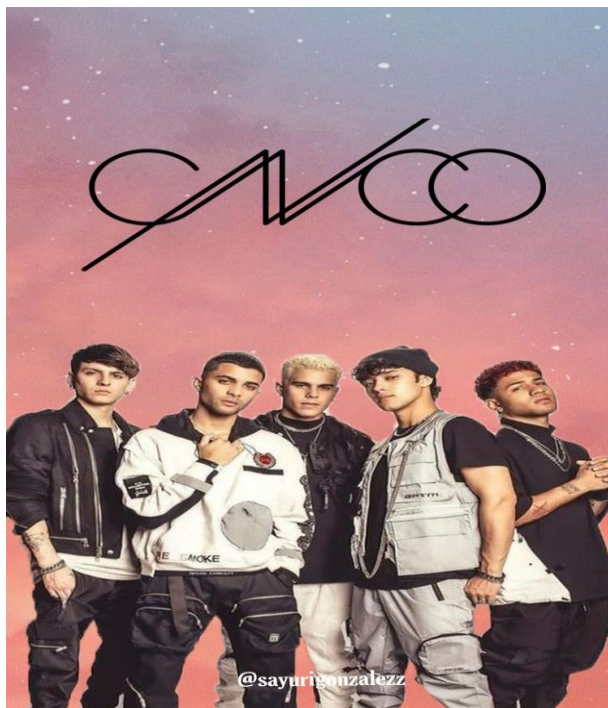
The solution to some human diseases may be in caves and rivers in Eastern Mexico. The *Astyanax mexicanus*, better known as “blind sardine”, is a small white fish that is the object of millenary rituals in the State of Tabasco. It also been a privileged platform for studying biological evolution for years. Now a group of scientist from several prestigious British universities has identified one of the genes that allows you to regenerate the heart. A discovery that opens new avenues of study on cardiac pathologies in humans, one of the main causes of mortality in the world.

The blind sardine has become a famous fish within the scientific community specialized for its many curious facets. Their blindness and lack of pigmentation, a product of biological adaptation to the extreme conditions of the caves, have been studied by specialists in evolution for years, but a recent batch of studies points to new lines of research. Diabetes and autism are two of them.

The city of Querétaro (central Mexico) hosts a conference dedicated to animals every year. In March, experts from around the world will meet again to discuss the latest discoveries about this blind and albino fish, but scientifically virtuous.



José Mario Martín Vargas 2ºD



CNCO is a Latin pop and reggaeton musical group formed in Miami, Florida on December 2015 for the winners of the first season of *La Banda*, a television program broadcast that year by the US Spanish-language network Univision. The band is made up of the American of Ecuadorian origin Christopher Vélez, the Dominican Richard Camacho, the Puerto Rican Zabdiel de Jesús, the American of Mexican descent Joel Pimentel and the Cuban Erick Colón. Wisin was the producer of their first album called *Primera Cita*. My favourite songs are: [De Cero](#), [Beso](#), [Hey DJ](#), [La quiero morir](#), [Quisiera](#). My favourite old songs of theirs are Hey DJ remix and [Reggaetón Lento](#). Their first single was "[Tan fácil](#)"; it was successful in Latin America. During quarantine, they have made quite a few songs like [Beso](#), [Honey Boo](#), [Tan enamorados](#) and [Mis ojos lloran por ti](#).

Christopher Bryant Vélez Muñoz was born on November 23, 1995 (24 years old) in New Jersey, United States. When he was three years old, he and his family moved to Loja, Ecuador. When he turned 18 years old, he returned to New Jersey.

Richard Yashel Camacho Puello was born on January 22, 1997 (23 years old), in Santo Domingo, Dominican Republic. He lived his first ten years in the Dominican Republic and has two younger brothers. In August 2016, his first daughter was born, named Aaliyah Sofía Camacho Alexander.

Erick Brian Colón Arista was born on January 3, 2001 (19 years old) in Havana, Cuba. He is a singer, songwriter, and guitarist. He emigrated to Tampa, Florida (United States) with his family.

Joel Pimentel de León was born on February 28, 1999 (21 years old), in Victorville, California (United States).

Zabdiel de Jesús Cólón was born on December 13, 1997 (22 years old), in Bayamón, Puerto Rico. Since he was little, he had an interest in music, learning to play instruments such as the piano, mandolin, drums, guitar and ukulele, among others.

I like this group, because they sing well and because they are from the same country as my parents, (they live in Ecuador, Loja).

By:

Celena Amalia Bermeo Ortega

Course:

1* TE

A REAL FRIEND

Human beings are social beings. We tend to socialize in order to develop feelings and emotions. Socializing can lead you to creating deeper bonds with other people, and these people are called friends.

To be called a friend, you need to have a connection with the other person. You have to know them better than they know themselves. You are not someone's friend only because the two of you like each other. A real friend is someone who you can trust with your life; someone who knows all your secrets and who will always have your back. Friends are the family we choose, and friendship strengthens with time and effort. Many people believe they have lots of friends, but they are most likely wrong. True friends can be counted on one hand. The rest are just whom you like and maybe enjoy having around, not your friends.

A friend isn't necessarily a person. You can consider your pet to be your friend. If they make you feel at home, no matter where you are, and you feel like you are safe around them, then they are your friends.

A friend is, to sum up, an irreplaceable asset in your life. A friend is a part of your family. It's your home and your heart.

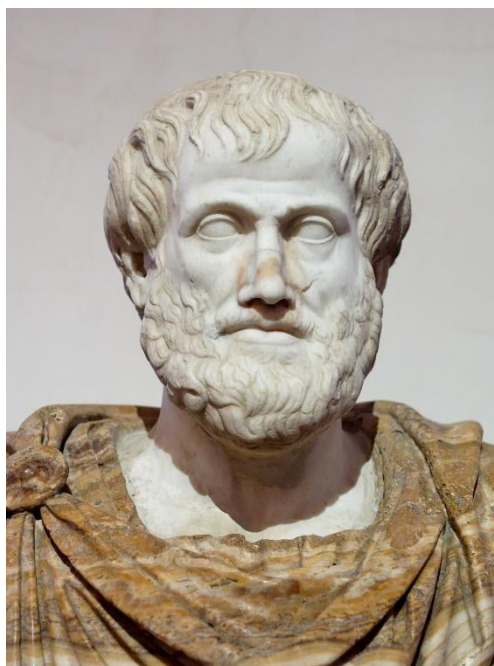
Adrián Torrado Corral 2°C

ARISTOTLE

Aristotle was a Greek philosopher who is considered, along with Plato, one of the most influential authors in Western thought. He studied at the Academy founded by Plato and, therefore, was a disciple of Plato, which can be seen in the influence he had on many of his Works. He was also the teacher of important characters such as Alexander the Great.

Although we have lost most of his Works, we retain some of his writing that reflect the importance he had in many areas of our societies. For example, in physics, he addresses the question of movement and change through what he called “act”, what you are; and “potency”, what you can become. We also find writings about metaphysics, in which he establishes the existence of a “substance” below all things and that represents their essence. Finally, and personally, his best texts, are referred to the question of ethics. These writings are found in his famous work *Ética Nicomáquea*, where he addresses happiness as the ultimate purpose of man that must be achieved through “contemplative activity” and being prudent men, that is, seeking the middle term of our actions “doing the right thing, in the right way, at the right time”.

Finally, he died in 322 BC, with 62 years, shortly after founding his own school, the Lyceum.



Out of stock

Due to the covid-19 pandemic there has been a decrease in production. This is due to the fact that many companies haven't been able to produce enough, and so have been out of stock. This problem has been accentuated during Christmas and many companies haven't made enough profit.



Stock problems are more common in superconductors and clothing. Superconductor companies have been, and are, out of stock because the manufacturing process has been slowed down. This has affected the sale of microchips, graphics processors, game consoles and technology in general. Companies like Samsung, Amd, Nvidia are struggling to replace stock.

On the other hand, textile companies since the beginning of the pandemic have been having serious production problems, which are now solved.



Also, many companies have had to sell all their products online like Ikea. This has favoured companies like Amazon, Aliexpress, Ebay which have obtained many benefits.

The lack of stock has caused more resale than ever in web pages like Ebay and right now there are reserves of product reserves.

We are living crazy times.

Alejandro Rodríguez Mazariegos
2ºB Bachillerato

Demotivation instudents

Right now, demotivation is a really big problem in students, that reaches students earlier and earlier. This is because of the lack of interest of the students when it is the time to study or doing any scholarly thing. It is so easy to enter into that situation, especially when you feel alone, unhappy, and negative about bad comments.

The definition would be the lack of interest in the learning processes that affect the person that suffers it and the class atmosphere, so it can make the class function badly. This makes the students think that they are not progressing and that they are not going to reach their full potential ever. When you have this, you have a blocked feeling, which can make the student uncomfortable or even anxious.

It is important to know why this happens in order to deal with it. When it is a normal problem and it happens usually, the student can enter into a psychological problem like depression or strong anxiety.

Some tips to end demotivation are as follows:

1. Stop seeing the mistakes as a negative thing. Most students are scared of being punished if they commit a mistake, and so they lose their confidence and their motivation.
2. The family can play a big part in student motivation. If the family sees the problem as stupid, the student is not even going to try to fix it. The student is going to think it is stupid to keep trying, so he or she would never get better.
3. To use special studying methods. This will improve the student's motivation and ability, and it will make the student remember and learn more in less time. It would give them more time to do their own things, and the student will see it as a normal thing, not as lazy as the chore it used to be.
4. Think about what they would do in the future if they do not study. If they don't study, it would be more difficult to get a job, or to earn more money. It is possible, however much more difficult.
5. Trying to concentrate more when it's time to study, by taking away the things that distract them.

Usually, with those tips the students can get more motivated and concentrated, but in some cases, this won't work well for them. In those cases, the best thing you can do is to go to any kind of psychologist to find out why the student is so distracted, and unmotivated.

Paula Santos Benito 4º DE

Let's talk about music

by Samuel Atienza Barrera 4ºB

In this article, you will discover musical groups that I recommend listening to. I have to say that if you want to hear about famous singers of today, you will be displeased, but you are going to find good groups to listen to again and again.

Cocteau Twins



Cocteau Twins is without a doubt my favourite music group. Their style is so dark, the guitar has a big delay that combines perfectly with the Elizabeth Fraser's ethereal voice. If you want to hear dark music, you must listen to the Anthol Brose album, but if you want something more danceable, listen to the albums Heaven or Las Vegas and Milk and Kisses.

The Cure



The cure is one of the best groups to check out if you want to hear love songs, and probably the most depressing songs. I personally love the song called "Pictures of you". Also, a good song to hear and immediately fall in love with this band is "Friday I'm in love".



Depeche Mode

Depeche Mode is an electronic music band. They conserved their essence today, since years and years of creating music and hits, like “Personal Jesus” or “Enjoy the silence”. For me, the best album they have is Violator, and I love the song “Blue Dress”. They have a lot of danceable songs, and probably you will like this group if you have a good taste.

Naiara Pérez Jiménez

2º Bachillerato B.

THE POMODORO TECHNIQUE

It is said that you can only be focused on studying or doing homework the first 25 minutes before your mind starts to get distracted. Recent studies have been done by Francesco Cirillo, who found a real and affective solution to study in the most concentrated way as possible with the Pomodoro technique. It is also used to increase responsibility, improve study or job planning or reduce back pain.

This technique is based only on working, without any distraction, with a series of about 25-30 minutes and resting around 5 minutes between each series. Remember that you can only do four Pomodoros in an afternoon. If you need to do more, you must also need more resting time (around 15-30 minutes) between series.

The best part of this technique is the ease of carrying it out; also, there are some applications available for iOS and Android that you can download on your phone. In this app you could specify the time you want to work or rest and the device notifies you with a sound which warns you that the time is up, and then automatically it starts with the next period of time.

Paula Peralbo 2º BB

It's time to read art

Do you like the arts? Do you struggle to choose between going to a museum or reading a book? Do you prefer to not spend a lot of money to appreciate these activities? If you say yes to these questions, I have the answer.

The answer is found in a little local shop in Madrid which is located in Chueca and it's between Alcalá street and Ferdinand VI street. This local is called Santa Rita, a historical haberdashery from Madrid, nevertheless, nowadays it's occupied by Taschen, a famous book publishing house.



This bookshop is the only one in Spain, which was opened in 2020, and there are 11 more around the world. The bookshop resembles a kind of museum or gallery, because every book has something special and the local, despite being a little small, has a vintage decor and is a good place to spend an hour or an afternoon if you want to discover a new place in the capital of Spain.

But... What is Taschen?

Taschen is a famous German editorial which produces books with varied themes, however it focuses mainly on the arts, design, architecture, music, and other ways of visual arts. Besides, it usually sells limited editions, whose value can reach thousands of Euros, for example the editorial published the most expensive book in history at 15000 \$.

If you like this type of book I recommend this editorial because the quality of them is amazing and everything is described with many details and you can learn many things. Besides, they are very cheap (especially Bibliotheca Universalis collection), which is roughly around 15 €, and also, you can



give away one of them to a friend, a family member, etc. Or if you want to start a book collection, this publishing house is perfect for you. However, if you don't want to spend a lot of money, you can go to book thrift shops in Madrid, like Re-Read, or search in local bookstores, because a lot of them have a section dedicated to old or second-hand books.

REACHING MARS

We have finally reached Mars! What is next?

The NASA Mars 2020 mission of going to Mars was achieved last week, the 18th February 2021. Perseverance, the spacecraft they used, touched this amazing reddish floor we have been dreaming about in these last decades, since the trip to the moon was achieved in 1969.

But the mission continues, the objective is having the knowledge of any kind of past life. Scientists want to know if there could have been some kind of microorganism there, due to the existence of a big hole we can see (crater) and that it surely has harboured water. And we can discover it with Perseverance, which is going to be travelling around this land caving there.



And we cannot forget about conspirators. The last few days they have been pointing out NASA as a fraud or deception. They agree that the trip to the moon and Mars are completely false, and that humans haven't reached them, because "we are not capable of it yet".

Scientists reply to these arguments with a load of information, but they do not want to discuss it with them.

What do you think about this?

Should we believe in science, or are these companies hiding things?

Info: <https://www.rtve.es/noticias/20210218/importante-llegada-del-perseverance-marte/2076695.shtml>

PHOBIAS:

Phobias are an abnormal fear of a specific object, animal, bird, insect, activity, or a certain situation. It is a type of anxiety disorder that can precipitate a panic attack...

There are many types of phobias, such as:

- Spiders
(arachnophobia):

Arachnophobia is an illogical fear of spiders. This animosity towards spiders is - along with the fear of snakes - one of the most common and widespread phobias in the world.



airplane, a closed room, a show room ...



- Death (necrophobia):
Necrophobia is a specific phobia which is the irrational fear of dead things (e.g., corpses) as well as things associated with death (e.g., coffins, tombstones, funerals, cemeteries).



- Small spaces
(claustrophobia):
It is an anxiety disorder in which, as its name suggests, there is a fear of being cloistered, that is, a phobia of entering or staying in a closed place that the person thinks they will not be able to leave, be it an elevator, a bus, an

- Dirt and germs
(Mysophobia):

It is the fear of dirt that some people develop. Identified within the group of specific phobias, the so-called misophobes suffer an irrational fear of dirt (or what they consider dirt) and also of contamination and germs.



- **Fire (Pyrophobia):**
It is a fear of fire, which can be considered irrational if beyond what is considered normal. This phobia is ancient and primordial, perhaps since mankind's discovery of fire.



- **Knives / sharp objects (Aichmophobia):**
It is a phobia of sharp, pointed objects. Those affected by aichmophobia will feel anxious, worried, and fearful around any object that is sharp and could cause harm. People with belonephobia fear pins and needles specifically, while

people with aichmophobia fear many types of sharp, pointed objects.



- **Dentists and doctors (Dentophobia and Iatrophobia respectively):**

It is a common phobia among people of all ages. It is sometimes related to iatrophobia, or fear of doctors, as well as trypanophobia, or fear of needles.



- **Open spaces (agoraphobia):**
It is a fear of being in situations where escape might be difficult or that help wouldn't be available if things go wrong. Many people assume agoraphobia is simply a fear of open spaces, but it's actually a more complex condition. Someone with agoraphobia may

be scared of travelling on public transport.



It is fear or revulsion generated by looking at or being near geometric figures that are close together, especially small holes and very small rectangles.



- *Trypophobia:*
(Sometimes called a repeating pattern phobia or fear of holes)

Three-chocolate cake recipe

...Dare and enjoy ...

The three-chocolate cake is my favourite dessert and it is the cake that is usually cooked in my house when we get together or it is someone's birthday.

To make it you need a series of ingredients:

Firstly, you must buy a dark chocolate bar, a milk chocolate bar and a white chocolate bar.

Secondly, you must buy six envelopes of curd, 150 grams of butter and a package of cookies. Thirdly, it is necessary to buy two litres of liquid cooking cream and another two litres of milk.

On the other hand, a series of steps must be followed for its preparation:

We must start by melting butter in the microwave and crushing the cookie package, then pour the melted butter over the crushed cookie. Then it is poured into a mould and crushed, leaving the biscuit base smooth and putting it in the fridge.

First, the next layer, the dark chocolate layer, begins to be prepared. It is done in a water bath. In a cup we will put 160 millilitres of milk with a small curd envelope from another.

This mixes well and we put it to cook. When it starts to cook, we add about 330 millilitres of liquid cream and stir until it starts to cook. Then everything is mixed with the chocolate, stirring until smooth. After doing this, we take the mould out of the fridge and place the layer of dark chocolate that we have been preparing on top of the cookie base, and we leave it to set in the fridge.

Second, when we remove the mould again to pour the milk chocolate layer over the dark chocolate, we must first gently scratch the dark chocolate layer with a fork so that the milk chocolate layer grasps the other.

Third, we will make the white chocolate layer in the same way as the previous ones.

The finished cake must be left to rest for eight or ten hours before eating it.

When these hours have passed, we can decorate it to our taste.

These are some examples of decorations that we have made in my house: using fondant in the shape of clovers, flowers or also with chocolates on top of the cake, even with strawberries.



Marta Martín Lucas -2ºBach C

FETA CHEESE PASTA

Ingredients:

- 600g of tomatoes cherry
- 1 block of feta cheese
- 4 cloves garlic
- Extra-Virgin Olive oil
- Salt
- Pepper
- Fresh basil leaves
- 200g of pasta



Steps:

Step-1: First we preheat the oven to 400 degrees. Next, we take a glass tray and put the tomatoes inside. Then, we will pour extra-virgin olive oil all over the tomatoes and after that we place the block of feta cheese in the centre of the dish. Afterwards, we add oil again, and some salt, pepper, 4 cloves of peeled garlic, and we put it in the oven for 25-30 minutes.

Step-2: While that's in the oven we are going to boil water in a pot and pour all the pasta inside the pot and after that drain it.

Step-3: When the garlic has softened and the skin of the tomatoes burst, we will take it out of the oven. The following step we will do is mash the tomatoes, garlic, and block of cheese together till we get sauce as a result.

Step-4: Finally, we pour the cooked pasta in the dish with the sauce we've previously mixed and add the fresh basil leaves. And there we have our feta cheese pasta!

MANAL EL BOUDALI 4^B

Gluten-free wind fritters (Buñuelos de viento sin gluten)

Easter is approaching and we want to eat delicious traditional desserts. As I am a celiac, it is a little more difficult for me to buy them so, in my family we know how to cook various recipes that I can eat. Today I am going to share our recipe for wind fritters which is very typical of these dates.

The first thing is the ingredients:

- 110 grams of bread preparation.
- 25 milliliters of water.
- 50 grams of butter.
- 3 eggs.
- 500 milliliters of pastry cream.
- Icing sugar for dusting.



Steps to follow:

Bring the butter with the water to a boil. Remove from heat and add all the flour at once. Beat well until a homogeneous dough forms that sticks to the spoon like a ball. Let the dough cool a little while continuing to beat. Add the eggs (one at a time), beating energetically until the density of the dough we want is achieved. Heat oil in a frying pan and fry the fritters in batches, taking the portions with two spoons and pouring the dough over the oil (we will know that the fritter is ready when he turns himself in the oil). Take them out and put them on absorbent paper when they are golden brown and swollen. Open a small opening with scissors or some sharp object and fill them with pastry cream (preferably with a pastry bag). Finally, sprinkle icing sugar on top.

To make the pastry cream:

Ingredients:

- 1 liter of milk.
- 200 grams of sugar.
- 90 grams of cornstarch.
- 2 eggs.
- 1 cinnamon stick.
- For the scent: lemon and orange zest.

Steps to follow:

Boil the milk with the lemon and orange peel and the cinnamon stick. Mix the sugar with the cornstarch. The eggs and a little cold milk that we have reserved from the total milk are added. When the milk is boiling, pour it over the mixture. Mix well and bring to a boil. Then reserve to fill the fritters.

Note: the fritters can be filled with cream, in addition to this cream.

And voila, this is how delicious gluten-free wind fritters are made to enjoy during the Easter holidays. In case you want to make them with gluten, you simply make them with wheat flour. I hope you liked the recipe and that you get some very delicious fritters.