

YOUR NEWS

Editors: Carmen G, Olivia F, Laura A, Maria G

Alcaraz wins the MMO

Carlos Alcaraz has lost this Monday in the third round of the Masters 100 in Rome against Fabian Marozsan and he will focus on the Rodan Garros. It was a surprise that the number one lost the penultimate game. Alcaraz did not detract from his rival and tried to respond with longer exchanges.



General Elections

The 28th of May, Spain's General Elections are going to take place. Tension between different political parties is increasingly growing, everyone wants to rule the country!

Russia accuses the US

President Vladimir Putin's spokesman claimed, without evidence, that the United States "dictated" Ukrainian strikes inside Russia. The White House quickly rejected the accusation.



An historic coronation

The King and Queen were crowned in a ceremony full of pageantry and symbolism. About 2,200 people, including the Royal Family, celebrities, faith leaders and members of state, were there to witness the event.

Thousands of people lined the streets of London to catch a glimpse of the King and Queen as they went past.

Tomorrow, neighbours and communities across the UK are being invited to share food and fun together as part of the Coronation Big Lunch.

Later, from 8 pm, the Coronation Concert will showcase the country's diverse cultural heritage in music, theatre and dance.



Global Leaders Collaborate to Address Climate Emergency

Representatives from nations across the globe came together to address the urgency of the situation and develop collaborative strategies to mitigate the impacts of climate change. Leaders shared their commitments and actions towards reducing greenhouse gas emissions, cleaning energy sources and protecting vulnerable ecosystems. This unified effort signifies a crucial step forward in addressing the global climate crisis.

THERE IS
NO
PLANET-B!

Atlético wins the Cup against Real Madrid and leaves them without their first women's title

Atlético de Madrid won the final of the Copa de la Reina and left Real Madrid without the first title in its history in an agonizing penalty shootout. Two shots stopped by Lola Gallardo to Olga Carmona and Tere Abelleira. They turned the game in the "rojiblancas" favour and culminated a comeback in the last minutes of the match.



The goalkeeper of the Atlético de Madrid emerged as the star of the final by being a key piece in the final penalty shootout. Since she stopped two shots to the Real Madrid players, Alberto Toril's team came within seconds of winning the title and saw the trophy slip from their grasp due to a fantastic performance from the "rojiblancas" goalkeeper.

Leclerc set to start from pit lane

Charles Leclerc is set to start the Spanish Grand Prix from the pit lane after Ferrari made major changes to his car following a shock Q1 exit on Saturday. Leclerc qualified 19th and afterwards insisted that there had been "something off" with his car, as he described the left-hand corners as "unrecoverable", while official confirmation has yet to come from the FIA. Leclerc's performance engineer Jack Clear confirmed on Saturday morning that Ferrari have implemented changes.

"He was really uncomfortable with the car straight away in qualifying and had no confidence in the car. So we've taken the opportunity to change the gearbox. That's effectively all the back end, really just to make sure there is nothing on there that is untoward."



Weather Forecast

10-DAY FORECAST			
Today		13°	21°
Sat		13°	24°
Sun		13°	25°
Mon		14°	25°
Tue		15°	26°
Wed		16°	25°
Thu		15°	22°
Fri		15°	25°
Sat		15°	25°
Sun		15°	28°

King's secret daughter



They have already named the supposed secret daughter of the King Juan Carlos: A book claims that her name is Alejandra. The life of the emeritus king has given rise to more than one book, several documentaries and a lot of news and headlines. The latest of these refers to a rumour that has been circulating for years and which speaks of a supposed illegitimate daughter that the emeritus had in the 1970s. Now the king cap gives her name: Alejandra.

New mental health hospital in Majadahonda

The Community of Madrid has announced the construction of a mental health center in Majadahonda, which will cover 400,000 Madrid residents, next to the local primary or clinic to replace the one in Cerro del Aire.

The hospital will include among other spaces, a children and Youth Day Hospital, eight group therapy rooms, an administrative area, a teaching room and waiting room, according to information from the Health Department.

The magistrate of the court in Ourense considers that there are indications to conclude that two National Police officers twins in Ourense shot their partner in the head because they were afraid that he would tell about the theft of weapons in the bunker of the Ourense police station. Then they modified the crime scene to make it look like a suicide. This has been determined in the that concludes the investigation into the theft of weapons and the death of R.D., an police agent from Ourense, in April 2016. Now, after seven years of instruction the judge orders the transformation of the proceedings into a procedure to be tried by a popular jury.

Murder in Ourense



Accident caused in "Paseo de Extremadura"

Two men aged 72 and 81 years have been killed on Thursday by a vehicle driving at high speed along the "Paseo de Extremadura" in Madrid scaping from the Civil Guard, as reported by police and emergency sources. The driver, Pedro U.S., who initially fled, turned himself at a police station late in the afternoon where he was arrested.

The incident also caused five minor injuries, according to the samur. The two people who died were hit at two different points of the head. Investigators have ruled out a possible terrorist motive.



A Galaxy of Celebrities Attend Coldplay's Barcelona Concert

Coldplay's recent concert in Barcelona turned into a star-studded event. Among the celebrities in attendance were Hollywood actors (Dakota Johnson), musicians and athletes. The world of sports was the best-represented at the concert (Messi and Piqué).

These special guests and fans created an electric atmosphere and shared appreciation for Coldplay's music.



An unexpected collaboration

In an unexpected and exciting turn of events, international superstar Shakira and Hollywood icon Tom Cruise have announced a collaboration that is set up to captivate audiences worldwide. The multi-talented duo will join forces for an upcoming project, igniting speculation and anticipation within the entertainment industry.



Iconic TV Show "Sálvame" Bids Farewell

After a remarkable run of over a decade, the beloved Spanish television show "Sálvame" has announced its final season, marking the end of an era in Spanish entertainment. Known for its lively debates, celebrity gossip and engaging panel discussions. In the hearts of its fans, "Sálvame" will live on as a symbol of entertaining TV and the power of a show that kept audiences hooked for over a decade.

Tips of the day

STAY HEALTHY

Maintain a balanced diet by including fruits, vegetables, lean proteins, and whole grains. Stay hydrated by drinking plenty of water. Engage in regular physical activity or exercise to keep your body active. Prioritize getting enough sleep and practice stress management techniques such as meditation or deep breathing exercise.

This week's focus is on cooking, a wonderful way to explore new flavors, unleash your creativity, and bring joy to your dining table with the beef and tomato ragu.

Ingredients:

- 2tbsp extra virgin olive oil
- 1 large red onion, halved, thinly sliced
- 2 garlic cloves, sliced
- 800g can crushed tomatoes
- 1cup red wine
- 1cup Masjel beef stock
- 3spring fresh thyme
- 2dried bay leaves
- 1cup fresh basil leaves
- 375g fettuccine
- 2cup grated parmesan, to serve
- 4slices crusty bread, to serve

STUDY TIPS

Break your study sessions into manageable chunks with short breaks in between. Use active learning techniques like summarizing info in your own words or teaching concepts to someone else. Stay organized, eliminate distractions, and reward yourself for achieving study goals.



Step 1:

Place flour in a bowl. Season with salt and pepper. Add beef. Toss to coat.

Step 2:

Heat 1 tablespoon oil in a large saucepan over medium-high heat. Cook beef, in batches, for 3 to 4 minutes or until browned all over. Transfer to a heatproof bowl.

Step 3:

Reduce heat to medium. Add onion and garlic. Cook for 5 minutes. Add tomatoes, wine and stock. Reduce heat to low.



ARIES

Mar 21 - Apr 20

You may turn into an agony aunt this week. And you do a great job of it. Listen carefully to issues before you advice.



TAURUS

Apr 21 - May 20

Your strength is persistence. Keep at it and keep doing whatever you are good at. The results will follow. Leave doubt aside.



GEMINI

May 21 - Jun 20

You may be planning endlessly for a project. Sometimes it's good to do what needs to get done, now!



CANCER

Jun 21 - Jul 22

You find a new hobby and enjoy it immensely. Keep at it and use it for stress relief rather than to achieve anything.



LEO

Jul 23 - Aug 22

Fatigue may be getting to you. Learn to rest but not to give up. Take short breaks and long walks to reduce the overwhelm.



VIRGO

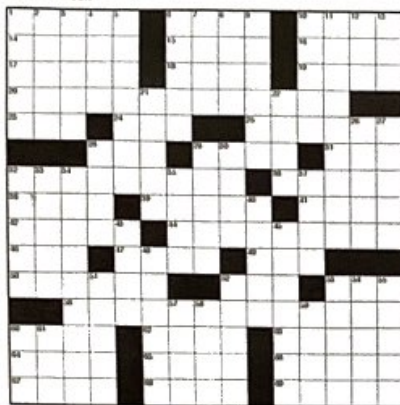
Aug 23 - Sep 22

This week, you may need to re-commit to someone or something. This is more a reminder for you to focus.

Entertainment

Coming of Page

CELIA MATTISON

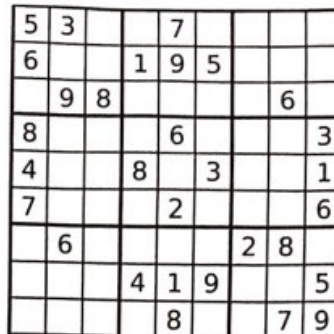


ACROSS

- 1 Nautical greetings
- 6 Creature encountered by P-Down
- 10 Dancer Kelly
- 14 Sarcastic animated teenager
- 15 Small green citrus
- 16 Small
- 17 Decadent
- 18 'A Visit from the Goon Squad' author Jennifer
- 19 When doubled, first name of actress Fin
- 20 Game typified by many in this puzzle's clues
- 23 Monogrammatic group for Scout's dad and an Eon Collier character
- 24 Family in 'Succession'
- 25 London landmark an Aussie might tell you to visit
- 28 Fork over
- 29 Up
- 31 ... dos, tres
- 32 Young Jane Yung author Zevon
- 36 Actor Elton
- 38 1995 Bennett portayer Jennifer
- 39 Beer hall
- 41 'Today' in Turn
- 42 Follies character Tom
- 44 Boatswain
- 46 Astronaut Jamison
- 47 Dethrone
- 49 It can be poison
- 50 Items frequently published in Catapult
- 52 Flight data
- 53 Ancestor to the DVD player
- 56 Nobel Prize-winning author of 'Never Let Me Go'
- 60 It can flow or tangle
- 62 They can be lovelies
- 63 Frank ... Wright
- 64 Cookie cued 13 times in 2021
- 65 Pale beer
- 66 Choice word?
- 67 Smeesh's job title
- 68 River of the dead
- 69 Italian kingdom

DOWN

- 1 Actress Uzo
- 2 'Go Ahead in the Rain' author Abdurraqib
- 3 Spoken exams
- 4 Scots word for earth that's an English roundabout
- 5 Helen DeWitt's 'The Last ...'
- 6 Reflective poem
- 7 Notable costume elements often worn by Nicole Kidman
- 8 Character played by Michael on 'The Wire'
- 9 Skywriter's mentor
- 10 Duffel stained for emergencies
- 11 Scottish setting in 'The Prime of Miss Jean Brodie'
- 12 ... sequel
- 13 Work unit
- 21 Contradictory last name for poet Alfred
- 22 Marsh Carey album 'The Emancipation of ...'



LIBRA

Sep 23 - Oct 22

The world is unfair. And you are feeling it more and more. Don't let it get to you. Process your feelings with a friend.



SCORPIO

Oct 23 - Nov 22

The week demands your trust, the kind that you are not used to. Take the leap of faith. That's the only way to know.



SAGITTARIUS

Nov 23 - Dec 21

It could be a week of paradoxes, pulling you in different directions. Go with the flow and release stress.

Find the 7 differences



CAPRICORN

Dec 22 - Jan 19

New work skills demand your attention. It's a good time to invest for the long term on your independence.



AQUARIUS

Jan 20 - Feb 19

You have a business idea brewing and want to release it to the world. Work on it some more.



PISCES

Feb 20 - Mar 20

Consistency is your theme this week. If you have started a project, invest some time in it every day, however little.

The EVAU in Spain is a topic that generates diverse opinions and debates society. The EVAU, formerly known as "SELECTIVIDAD," is the exam that Spanish students must take at the end of the "BACHILLERATO" studies to gain access to the University.

First of all, we consider that the EVAU is a necessary tool to guarantee equal opportunities in university access because all students are evaluated under the same conditions. But, we also think that the EVAU can generate a high level of stress and pressure on students, since their academic and professional future depends in a large extent on the results obtained in this exams.

It is important to constantly review or adapt this assessment system to make it more balanced

EVAU 2023

