ITINERARY

Airport-City

FROM BARAJAS AIRPORT TO THE CITY (SOL)

By Metro (affordable but requires two transfers)

1. Take **Line 8 (Pink Line)** from Barajas Airport (Terminals 1, 2, or 4) to **Nuevos Ministerios** station.
2. At Nuevos Ministerios, transfer to **Line 10 (Dark Blue)** and go 1 stop to **Tribunal.**
3. At Tribunal, transfer to **Line 1 (Light Blue)** towards Valdecarros.
4. Get off at **Sol** station.

🕐 Total travel time: 40-45 minutes

💶 Cost: ~€4.50 (airport supplement included)

Cercanías Train (from Terminal 4 only)

If you're arriving at Terminal 4, this is a good alternative to the metro:

1. Cercanías Train Line C1 (light blue) from Aeropuerto T4 → Chamartín
2. At Chamartín, transfer to Cercanías Train Line C3 (purple) or C4 (dark blue) → Sol

- 🕐 Total time: ~40–45 minutes
- 💶 Cost: Around €2.60 (a rechargeable Tarjeta Multi card costs €2.50, which can be reused for future trips).
- 🚄 Train runs every ~15–20 min

Airport Express Bus + Metro

Useful if you're coming from T1, T2, or T3 and prefer fewer stairs.

1. Take the **Exprés Aeropuerto (Airport Express Bus)** from the airport to **Atocha** (runs 24/7, every 15-20 minutes).
2. At Atocha, take **Metro Line 1 (Light Blue)** 2 stops to **Sol.**

- 🕐 Total time: 35-45 minutes (depending on traffic)
- 💶 Cost: €5 (bus ticket) + Metro ticket (~€1.50 if separate)
- ✅ Great for late-night arrivals (bus runs every 15–20 min, 24h) The bus is direct, good if you have luggage.

YOU CAN ALWAYS TAKE A CAB AND SHARE THE FARE!

- Time: ~20–30 minutes (off-peak)
- Flat rate: €30-40 from the airport to anywhere inside central Madrid (includes Sol)

You can use Apps like Freenow, Uber, Cabify, Bolt, etc.

City-School

IFP CMR VALCÁRCEL

PLAZA DEL ENCUENTRO 4

MORATALAZ 28030 MADRID

By Metro & bus (fastest / usually best)

1. From Sol walk to metro station **Sol**, in order to take **Metro Line 1 (light blue line)** toward Valdecarros (7 stops). Get down on **Puente de Vallecas.**
2. **At Peña Prieta,** take bus **Line 8 (direction Valdebernardo)**.
3. Get down at **Plaza del Encuentro** (8 stops). IFP Valcárcel is right there.

Total travel time: ~34-40 minutes.

Cost: around €3-4 (depending on fares / supplements)

THERE ARE ALSO CITY BIKES YOU CAN TAKE. CHECK OUT BICIMAD.